

# APOTHE CHERRY 16OZ



**Price: \$27.95**

**SKU:** apothecherry16

**Product Categories:** [Anti-Aging](#), [Purium Health Products](#), [Weight Loss](#)

**Product Tags:** [Apothe Cherry 16 oz](#)

**Product Page:** <http://www.antiagingactions.com/product/apothe-cherry-16oz/>

## Product Summary

Apothe Cherry - Natures Most Nutrient-Dense Fruit

**Sweet dreams. Naturally.** - Contains melatonin, which may help balance circadian rhythms for proper sleep - May support healthy joint function - Promotes healthy uric acid metabolism - Can help prevent or even reverse premature aging

Purium's Apothe-Cherry™ is made from sour (or tart) cherries, which are nature's most nutritionally dense food. They contain a wide variety of antioxidants and phyto-chemicals, and each serving contains 7,000 ORAC (Oxygen Radical Absorbance Capacity) units. We recommend combining this product with our 40x Aloe Vera Concentrate in a recipe we call the "Beauty Sleep Cocktail."

**Servings per container: 16 Instructions:** Add 1/2 oz to 1 oz (1 - 2 tbsp) of concentrate to 8 -10 oz of water or juice and drink daily. Works best when taken thirty minutes to an hour before going to bed or after a workout.


## Product Description

**What it is:** #purium's Apothe Cherry is a liquid extract that condenses the nutritional potency of 30 tart cherries into 1 oz.

**Benefits:** - Contains melatonin, which may help balance circadian rhythms for proper sleep - May support healthy joint

function - Promotes healthy uric acid metabolism - Is a rich source of anti-oxidants - Can help prevent or even reverse premature aging **Interesting Facts:** - Researchers at the Human Aging Institute found that when 5,000 ORAC units a day are consumed through food, the risk of disease and premature aging are substantially reduced. We've captured the health-promoting benefits of tart cherries in the most nutritionally potent fruit juice available- each delicious serving contains over 7000 ORAC units. - Tart cherries were once only used to make pies and, due to their tart taste, the bakers replaced some of the juice with sugar. Not until university empirical studies showing the benefits of consuming tart cherries began to surface did we realize that tart cherry eaters had far less gout and arthritis than those who didn't eat any at all. - Has more ellagic acid than pomegranates - More anthocyanins than blueberries - Higher ORAC rating than acai - Better for gout than black cherry - Far more scientific validation than goji, mangosteen, or noni

## Product Gallery



<b>Nutrition Facts</b>	
Serving Size 2 tbsp (30mL)	
Servings Per Container: Approx. 16	
<b>Amount Per Serving</b>	
<b>Calories 70</b>	
<b>%Daily Value*</b>	
<b>Total Fat</b> 0g	<b>0%</b>
<b>Sodium</b> 25mg	<b>1%</b>
<b>Total Carbohydrates</b> 17g	<b>6%</b>
Sugars 17g	
<b>Protein</b> <1g	
Vitamin A 0%	Iron 8%
Not a significant source of calories from fat, saturated fat, <i>trans fat</i> , cholesterol, dietary fiber, vitamin C, calcium.	
* Percent Daily Values are based on a 2,000 calorie diet.	

**INGREDIENTS:** Sour/Tart Cherry Juice Concentrate.